

Belegungsplan - Festhalle

| | Montag | Dienstag | Mittwoch | Donnerstag | Freitag |
|-------|-------------------------------|----------|-----------|-----------------------|--|
| 8:00 | | | | | |
| 9:00 | | | | | S. Stuhlhc TL Zirkel-Ganzkörpertraining |
| 10:00 | | | | | S. Stuhlhc TL Fit für den Alltag |
| 11:00 | | | | | |
| 12:00 | | | | | |
| 13:00 | | | | | |
| 14:00 | | | | | |
| 15:00 | | | | | |
| 16:00 | | | | | |
| 17:00 | TL Karate-Kinder | | | TL Karate-Anfänger | |
| 18:00 | TL Karate-Jgd.I | | | TL Karate-Jgd.II | |
| 19:00 | G. Ruf TL Zirkeltraining | | | | |
| 20:00 | 20.15 TL Karate-Erwachsene | | | TL | |
| 21:00 | 14tägig – gerade KW | | Cross-Fit | Karate-Erwachsene | |
| 22:00 | | | | | |